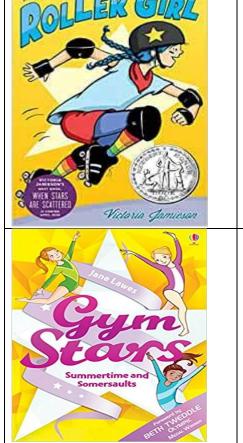
Read Ahead to Get Ahead in PE and Outdoor Education in Year 7

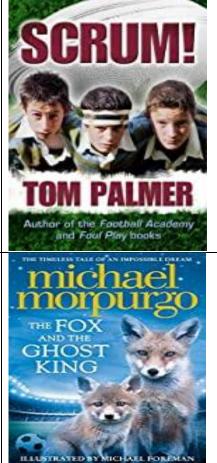
Fiction Books



Astrid has done everything with her best friend Nicole. But after Astrid falls in love with roller derby and signs up for derby camp, Nicole decides to go to dance camp instead. But Astrid struggles to keep up with the older girls at camp, hang on to the friend she feels slipping away, and embark on a new friendship. As the end of summer nears and her first roller derby bout (and junior high!) draws closer, Astrid realizes that maybe she is strong enough to handle the bout, a lost friendship, and a new school...

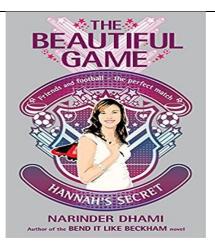
Tara loves gym and spends every spare moment practising in her garden.

When she joins the Silverdale Gym Club, Tara's catapulted into their star team. But with so many new things to learn - like backflips, somersaults and handsprings, how will Tara ever catch up with her talented teammates?

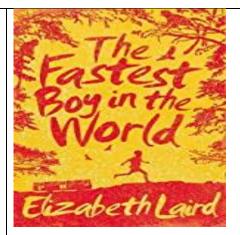


One boy, two codes - How will he decide? When Steven's mother remarries and moves down south, Steven is torn between loyalty to his dad and a relationship with his mum's new husband. Maybe even worse, he might have to leave his beloved Rugby League behind for a new Rugby Union team. A fab story from the sports master Tom Palmer.

In a cosy den under a garden shed lives a family of foxes. They love to watch football – all foxes do. But their favourite team keeps losing and losing, and it seems like things will never look up. That is, until Daddy Fox finds the ghost of a king, buried underneath a car park. A king who wishes only to be free. "Release me," says the Ghost King, "and I can do anything. Just tell me your greatest wish."

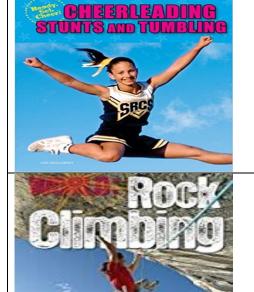


Hi, I'm Hannah, and I'm the future captain of the England women's football team! Ha ha - only kidding. Although my dad seriously thinks so, which is embarrassing with a capital E. He's always yelling at me when I play - it's a nightmare!At least I've got football, and five new mates to keep me happy. And there's my BIG SECRET, too - just promise you won't tell... Hannah xx



Eleven-year-old Solomon loves to run! The great athletes of the Ethiopian national team are his heroes and he dreams that one day he will be a goldmedal-winning athlete like them, in spite of his ragged shorts and bare feet. When his grandfather announces that he's going to take Solomon to Addis Ababa, Solomon cannot believe his ears. Solomon's joy is increased when he realizes that the Ethiopian running team will be doing a victory parade through the city that day.

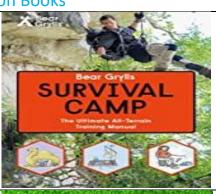
Non- Fiction Books



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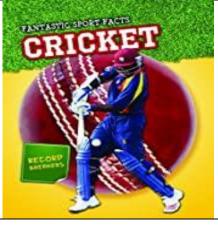
For those who have admired cheerleaders doing breathtaking moves, here's a book on how its done. Author Lisa Mullarkey introduces a number of gymnastics moves stunts and tumbles with hints on how to be successful. The emphasis throughout is on fun, safety, and a positive attitude. Includes colourful illustrations and sidebars.

Opening with perfect beginner locations and techniques, the complexity develops, leading readers through to expert-only locations and techniques, building an understanding of technique and equipment as they go.



waiting to be discovered, but are you ready to be an explorer? Do you know how to cope with searing heat and intense cold? Can you find food and water in the wild? Could you avoid deadly diseases and fight back against man-eating beasts?

It's a wonderful world out there just



Are you interested in cricket? Then this is the book for you! Discover some of the most fascinating and unusual facts about the sport. This book reveals the highest individual score, greatest male and female players, the longest test match, why an English bowler received a very unusual nickname, and more! Themed boxes, captions and labels make the text in this book easy to read and absorb. The engaging design will draw readers in and keep them hooked.